



## **MIRACLES OF ALOEVERA GEL**



**Aloevera Gel is extensively used ingredient in beauty products. Aloe Vera, can exfoliate, restore, treat, reveal and provide constant, impressive nutrition to the skin.**

**The natural astringent properties of aloevera gel absorb excess oil, sebum and dirt from the skin pores. Hydrating properties of aloevera gel moisturizes the skin and rejuvenates it without making it oily.**

**Overproduction of sebum or skin oils by the sebaceous glands causes OILY SKIN. Up to a limit it is necessary to moisture your skin but its overproduction may lead to acne and scarring and dull and unattractive skin. Reason for Oily Skin may be Fatty Diet and oily foods/ hormonal problems /genetic/stress, etc.**



**Aloe vera Gel is antibacterial, antiseptic and anti-inflammatory properties protect the skin from bacteria and other pathogens which lead to infection and inflammation. It contains substances – gibberellins and polysaccharides – that stimulate the growth of new cells, while glycoproteins reduce the inflammation and redness.**



**Just feel the texture of aloe vera gel on your skin, it is so cool and soothing. It has antiviral and antibacterial and unbelievable healing properties.**

**It can be used to treat wounds, minor cuts, dry skin and treat tan, sunburn and stretch marks.**

**Aloe Vera Gel Contains around 95% water, amino acids, Vitamin A, B, C and E and beta carotene which gives it its nourishing and anti-ageing qualities.**

### **USEFUL TIP TO USE ALOE VERA GEL**

- Apply the Aloe Vera gel onto your sunburn.**
- Many makeup removers contain harsh chemicals that are very drying to your skin. You can use Aloeveragel onto a cotton ball and swipe. Vitamin C present in lemon juice makes it an effective natural astringent that closes the pores present in the skin and lower sebum production**



•Rosewater helps to restore the natural pH balance of the skin which helps to reduce excessive oiliness of the skin and control sebum production by the sebaceous glands.

•It can be used as facewash for soothing result, Also can be used for dry, cracked feet and As a personal hand sanitizer (mix it with alcohol and any essential oil).



•If you have oily skin, or if it's the middle of summer and everything are too sticky and heavy, use straight Aloe Vera Gel as your moisturizer. It absorbs super fast and actually plumps fine lines. Aloe Vera when mixed with Tea Tree Oil it helps in cleansing and removing excess oil, dirt and dead skin cells.

•For Sensitive Skin: Make a paste of Aloevera gel, cucumber juice, yoghurt and rose oil Apply and leave for around 15 minutes or more and rinse it off thereafter .

•For Acne: Blend aloevera gel, walnut and Honey and apply on face.

•Scrub As an exfoliator: Mix Aloevera Gel half cup and Sugar 1 Cup with two tablespoon of Lemon Juice. Stir the three ingredients together and use it to scrub both face and body.

•Pack for Dry Skin: Make a Paste of Aloevera + Pinch of Turmeric Powder + a Teaspoon of Honey + A Teaspoon of Rose Water. Apply it for 15 minutes or more.



•Aloe may have some anti-ageing qualities. Its anti-inflammatory and antimicrobial properties, and its ability to lighten blemishes, also help it take years off your face.

*Note: Pictures used are suggestive and for reference only*

*All the suggestions are compiled and based on the experts suggestions available in public domain.*

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